

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU OR YOUR CHILD MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION

This notice describes:

- (1) How health information provided by you, your legally authorized representative, or your minor child can be used and shared**
- and**
- (2) How you can get copies of your health information.**

PLEASE REVIEW CAREFULLY

About this notice:

This notice takes effect on January 01, 2013 and stays in effect until replaced by another notice.

This notice is required by HIPAA (the Health Insurance Portability and Accountability Act of 1996, 42 U.S.C. §1320d, et seq., and regulations adopted under that act).

This notice tells you about:

- (1) your privacy rights,
- (2) Clear Point Wellness's duty to protect health information that identifies you,
- and
- (3) how Clear Point Wellness can use or share health information that identifies you without your written permission. This notice doesn't apply to health information that doesn't identify you or your legally authorized representative.

In this notice, "health information" means the same as "medical information" or "protected health information." "Health information" in this notice also can include genetic information, whether oral or recorded in any form or medium that is created or received by a healthcare service provider, health plan, public health authority, employer, life insurer, school or university, or healthcare clearinghouse. Health information might identify you and can relate to: (1) your past, present, or future physical or mental health or condition; (2) providing health care to you; or (3) the past, present, or future payment for providing your health care.

Your privacy rights:

The law gives you the right to:

- o Adequate notice of: (1) the uses and disclosures of protected health information that can be made by Clear Point Wellness or your healthcare service provider, (2) your rights related to your health information, and (3) Clear Point Wellness and healthcare service provider's legal duties to protected health information, with some legal exceptions.
- o Ask Clear Point Wellness or your healthcare service provider to restrict certain uses or disclosures of health information about you. However, the law doesn't require Clear Point Wellness or healthcare service provider to agree to a requested restriction if it is more than what the law allows.
- o Clear Point Wellness or healthcare service provider must agree to your request to restrict disclosure of protected health information about you to a health plan if: (1) the disclosure is for the purpose of carrying out payment or healthcare operations and isn't otherwise required by law, and (2) the protected health information pertains solely to a healthcare item or service for which you, or a person, other than the health plan, on behalf of the individual, has paid the covered entity in full.
- o Get confidential communications of health information and make reasonable requests to get information in a different way or location. However, Clear Point Wellness or healthcare service provider will require the request in writing with a statement or explanation for the request. For example, you might explain that sending information to your usual address might put you in danger. You must be specific about where and how we can contact you.
- o In some situations, look at or get a copy of certain health information Clear Point Wellness or your healthcare service provider has about you.
- o Ask Clear Point Wellness or your healthcare service provider's privacy office to correct certain information about you if you believe the information is wrong or incomplete. Most of the time, Clear Point Wellness can't change or delete information, even if it is incorrect. However, if Clear Point Wellness or healthcare service provider decides it should make a correction, it will add the correct information to the record and note that the new information takes the place of the old information. The old information will remain in the record. If Clear Point Wellness or healthcare service provider denies your request to change the information, you can have your written disagreement reviewed by your agency or healthcare service provider's privacy office and placed in your record.
- o Ask for a list of disclosures Clear Point Wellness or healthcare service provider has made of certain health information in some situations.
- o Ask for and get a paper copy of this notice from any agency or the privacy office of your healthcare service provider.
- o Cancel permission you have given Clear Point Wellness or your healthcare service provider to use or share health information that identifies you in some cases, unless Clear Point Wellness or healthcare service provider has already taken action based on your permission. You must cancel your permission in writing and deliver it to Clear Point Wellness or your healthcare service provider's privacy office.
- o In some situations, be notified by letter from Clear Point Wellness privacy officer if your health information has been used or shared in an unauthorized manner.
- o Be notified with a revised notice at certain times after significant changes are made in the use or disclosure of your health information.
- o For all notices to, or requests for copies of information from, Clear Point Wellness or healthcare service provider's privacy office, please see the Complaint and Question section for contact information.

Clear Point Wellness's duty to protect health information that identifies you:

The law requires Clear Point Wellness to take reasonable steps to protect the privacy and security of your health information. It also requires Clear Point Wellness to give you this notice, which describes Clear Point Wellness's legal duties and privacy practices. In most situations, Clear Point Wellness can't use or share health information that identifies you without your written authorization, except to carry out treatment, payment for your health care or Clear Point Wellness's healthcare operations, or as required by law, as described below. This notice explains under what circumstances Clear Point Wellness can use or share health information that identifies you without your permission.

Material changes to privacy practices

You will get this notice before getting healthcare services through Clear Point Wellness or as soon as reasonable, then once every three years thereafter. You will be notified of the availability of the notice and how to get it. If Clear Point Wellness materially changes its privacy practices, it must notify you of the changes within 60 days by mailing a new Notice of Privacy Practices, or by posting the notice prominently on its website. It will then be redistributed with the next annual mailing. Agencies reserve the right to change their privacy practices. The new privacy notice will be sent to the most recent address you have given Clear Point Wellness if it is mailed. It is your duty, or the duty of your legally authorized individual, to promptly tell Clear Point Wellness if you had a change of address. The new practices will apply to all the health information Clear Point Wellness has about you, regardless of when Clear Point Wellness received or created the information.

Breach of Protected Health Information

In the event your protected health information is unsecured and disclosed without the authorization of Clear Point Wellness or you, you will be notified of a data breach. Clear Point Wellness is required to notify you even if there is no reason to suspect any misuse of the protected health information. You will be notified by mail or by phone as soon as reasonably possible. It is your duty, or the duty of your legally authorized individual, to promptly tell Clear Point Wellness if you had a change of address.

Genetic information

Clear Point Wellness will never use genetic information for underwriting purposes. Clear Point Wellness is required to comply with the terms of the notice currently in effect.

Employees

Clear Point Wellness employees and contractors are trained and required to protect the privacy of health information that identifies you. Clear Point Wellness doesn't give employees access to health information unless they need it for a business reason. Business reasons for needing access to health information include making benefit decisions, paying bills, and planning for the care you need. Clear Point Wellness will punish employees who don't protect the privacy of health information that identifies you.

Complaints and questions

If you believe your privacy rights have been violated, contact Clear Point Wellness.

You also can contact the appropriate agency if you:

- (1) have questions about this notice,
 - (2) need more information about your privacy rights,
- Or
- (3) need a physical address for Clear Point Wellness.

If you believe Clear Point Wellness has violated your privacy rights, you also can file a complaint with:

Office of Civil Rights Region VI
U.S. Department of Health and Human Services
1301 Young St., Suite 1169
Dallas, Texas, 75202
Voice Phone (800) 368-1019
FAX (214) 767-0432
TDD (800) 537-7697

For complaints regarding the violation of your right to confidentiality by an alcohol or drug abuse treatment program, contact the United States Attorney's Office for the judicial district in which the violation occurred.

There will be no retaliation for filing a complaint.

How Clear Point Wellness uses and shares health information that identifies you:**(1) Treatment**

Clear Point Wellness can use or share your health information with other healthcare providers or other participants of agencies' organized healthcare arrangement. For example, by getting your information, healthcare service providers will better understand your health history, which could help them provide your healthcare. Or, sending your information so you can be seen by a specialist healthcare provider for a consult. Or, when in a hospital you may be treated by multiple healthcare providers who have your information.

(2) Payment

Clear Point Wellness or its organized healthcare arrangement participants can use or disclose certain health information about you to pay or collect payment for your healthcare. For example, when your healthcare service provider sends a bill to Clear Point Wellness or your health plan, it includes certain information about your condition and treatment. Another example would be when Clear Point Wellness uses or discloses your health information to determine your eligibility for government benefits in a health plan or whether the proposed treatment is covered by your insurance.

(3) Healthcare operations

Clear Point Wellness can use or share health information about you for its healthcare operations. Clear Point Wellness's healthcare operations can include:

- o Conducting quality assessment and improvement activities.
 - o Reviewing the competence, qualifications, and performance of healthcare professionals or health plans.
 - o Training healthcare professionals and others.
 - o Conducting accreditation, certification, licensing, or credentialing activities.
 - o Carrying out activities related to the creation, renewal, or replacement of a contract for health insurance or health benefits.
 - o Providing, receiving or arranging for medical review, legal services, or auditing functions.
- Or
- o Engaging in business management or the general administrative activities of the agency.

Clear Point Wellness sometimes participates in an organized healthcare arrangement with their business associates (contractors) and can share health information about you with the other participants in the organized healthcare arrangement for any healthcare operations activities of the organized healthcare arrangement.

Clear Point Wellness or its organized healthcare arrangement participants can share health information about you with Clear Point Wellness's business associate (contractor) or by the contractor to its subcontractor, if the business associate:

- o Needs the information to perform services on behalf of the agency or organized healthcare arrangement
- And
- o Agrees to protect the privacy of the information.

Other examples of uses and disclosures for healthcare operations include using or disclosing health information for case management; ensuring Clear Point Wellness's healthcare service providers are qualified to treat individuals; or auditing a healthcare service provider's bill to ensure Clear Point Wellness has been billed for only care you received. Clear Point Wellness also can contact you to tell you about treatment alternatives or additional benefits you might be interested in.

(4) Family member, other relative, guardian, legally authorized representative (LAR) or close personal friend

Clear Point Wellness can share health information about you to a family member, other relative, guardian, legal authorized representative, or close personal friend:

- o When directly relevant to such person's involvement with your health care or payment related to your health care.
 - o To notify the person of your location, general condition, or death.
- And
- o With your agreement, if you are capable, unless you are unable or in an emergency.

Your family means:

- (1) Your dependents.
- (2) Any other person who is your first-degree, second-degree, third-degree, or fourth-degree relative, such as your:
 - o Parents, spouses, siblings, and children.
 - o Grandparents, grandchildren, aunts, uncles, nephews, and nieces.
 - o Great-grandparents, great-grandchildren, great aunts, great uncles, and first cousins.
 - o Great-great grandparents, great-great grandchildren, and children of first cousins.

Clear Point Wellness can make reasonable inferences of your best interest in allowing a person to act on your behalf such as pick up filled prescriptions, medical supplies, X-rays, or other similar forms of protected health information.

(5) Mental health or substance use

Clear Point Wellness can't share mental health records about you or information that identifies you as seeking or getting substance abuse services to family members, relatives, or friends without your written permission or the written permission of your legally authorized representative, unless legally authorized by you or required by law, for example, your treatment, or in a medical emergency.

(6) "Required by law" uses or disclosures of PHI

A. Government programs providing public benefits

Clear Point Wellness can share health information about you with another government agency offering public benefits if:

- o The information relates to whether you qualify for or are signed up for Medicare and the law requires or specifically allows the disclosure.

Or

- o The other government agency has the same privacy protections we do, has programs that serve similar types of people, and the disclosure is needed to coordinate or improve how the programs are run.

B. Health oversight activities

Clear Point Wellness might use or share health information about you for health oversight activities. Health oversight activities can include investigations of:

- o Medicare fraud, waste, or abuse.

Clear Point Wellness can share health information for oversight activities only to another health oversight agency. A health oversight agency must be a government agency or someone acting on behalf of a government agency.

C. Public health

Clear Point Wellness can share health information about you with:

- o A public health authority for purposes of preventing or controlling disease, injury, or disability.
- o An official of a foreign government agency who is acting with the public health authority.

And

- o A government agency allowed to get reports of child abuse or neglect.

D. Victims of abuse, neglect, or domestic violence

If Clear Point Wellness believes you are the victim or perpetrator of abuse, neglect, or domestic violence, the agency might share health information about you with a government agency that gets reports of abuse, neglect, or domestic violence if:

- o You agree to the disclosure.
- o A law requires the disclosure.

Or

- o A law requires or permits disclosure and the disclosure is needed to prevent serious harm to you or someone else, or you are unable to agree or disagree, the information is needed for immediate action, and the information won't be used against you.

If Clear Point Wellness makes a report under this section, the agency will tell you or your representative about the report unless it believes that telling you would place you at risk of harm or you are a suspected perpetrator.

E. Serious threat to health or safety

Clear Point Wellness can use or share health information about you if it believes the use or disclosure is needed:

- o To prevent or lessen a serious and immediate threat to the health and safety of a person or the public.
- o For law enforcement authorities to identify or catch an individual who has admitted participating in a violent crime that resulted in serious physical harm to the victim, unless the information was learned while initiating or in the course of counseling or therapy.

Or

- o For law enforcement authorities to catch an individual who has escaped from lawful custody.

F. For other law enforcement purposes

Clear Point Wellness can share health information about you to a law enforcement official for the following law enforcement purposes:

- To comply with a grand jury subpoena.
 - To comply with an administrative request, such as a civil investigative demand, if the information is relevant to an investigation that relates to the administration of one of the agency's programs.
 - To identify and locate a suspect, fugitive, witness, or missing person.
 - In response to a request for information about an actual or suspected crime victim.
 - To alert a law enforcement official of a death that Clear Point Wellness suspects is the result of criminal conduct.
- Or
- To report evidence of a crime on Clear Point Wellness's property.

G. For judicial or administrative proceedings

Clear Point Wellness can share health information about you in response to:

- An order from a regular or administrative court.
- A subpoena or other discovery request by a party to a lawsuit when that agency or another agency is a party to the lawsuit.
- A judicial or administrative proceeding. In some situations, you or your legally authorized representative will be notified of the request for your PHI.

H. Secretary of U.S. Department of Health and Human Services

Agencies must share health information about you to the Secretary of Health and Human Services when the Secretary requests to review compliance with HIPAA.

I. Research

Agencies can use or share health information about you for research, which sometimes requires an Institutional Review Board to review confidentiality of your information and approve the use or disclosure. Your health information also can be used:

- To allow a researcher to prepare for research, as long as the researcher agrees to keep the information confidential.
- Or
- After you die, for research that involves information about people who have died.

J. Compound authorizations

Clear Point Wellness won't combine authorizations for use or disclosure of your PHI with any other document to create a compound authorization, except:

- For certain research combining any other type of written permission for the same or another research study. The authorization will state what are conditioned and unconditioned parts of the authorization and provide you with an opportunity to opt-in to the research activities described in the unconditioned authorization.

Or

- For use or disclosure of psychotherapy notes combined with another authorization for a use or disclosure of psychotherapy notes.

An authorization under this section, other than an authorization for a use or disclosure of psychotherapy notes, can be combined with any other such authorization under this section, except when Clear Point Wellness has conditioned the provision of treatment, payment, enrollment in the health plan, or eligibility for benefits on the provision of one of the authorizations. The prohibition on combining authorizations where one authorization conditions the provision of treatment, payment, enrollment in a health plan, or eligibility for benefits doesn't apply to a combined authorization created in accordance with the research provision above.

Clear Point Wellness can't condition the provision to an individual of treatment, payment, enrollment in the health plan, or eligibility for benefits on the provision of an authorization, except:

- Clear Point Wellness can condition the provision of research-related treatment on provision of an authorization for the use or disclosure of protected health information for such research.
 - Clear Point Wellness health plan can condition enrollment in the health plan or eligibility for benefits on provision of an authorization requested by the health plan before an individual's enrollment in the health plan, if:
 - The authorization sought is for the health plan's eligibility or enrollment determinations relating to the individual or for its underwriting or risk rating determinations.
- And
- The authorization isn't for a use or disclosure of psychotherapy notes under paragraph (a)(2) of this section.
- And
- A covered entity can condition the provision of health care that is solely for the purpose of creating protected health information for disclosure to a third party on provision of an authorization for the disclosure of the protected health information to such third party.

An individual can cancel an authorization provided by giving written notice to the agency or the privacy office of your healthcare service provider.

K. Other uses and disclosures

Clear Point Wellness can use or share health information about you:

- To create information that is de-identified and doesn't identify you.
 - To the U.S. military or a foreign military for military purposes, or if you are a member of the group asking for the information.
 - For purposes of lawful national security activities.
 - To federal officials to protect the president of the United States and others.
 - To a prison or jail, if you are an inmate of that prison or jail, or to law enforcement personnel if you are in custody.
 - To comply with workers' compensation laws or similar laws.
- And
- To tell or help in telling a family member or another person involved in your care about your location, general condition, or death. Clear Point Wellness can't share mental health records about you or information that identifies you as seeking or giving substance abuse services to a family member or anyone without your written permission or the written permission of your guardian, unless authorized by law.